

## School of Hospitality and Culinary Art The Neotia University

| Course Name | Foundation Course in Bakery \& Confectionery 1 |
| :--- | :--- |
| Course Code | CC-CAP102 |
| Course Duration | 15 weeks |
| Semester | 1 st |
| Core/Elective | Core - Culinary Art (Bakery \& Confectionery) |
| Credit Points <br> Weekly Delivery/ | 2 |
| Contact Hours <br> Resource | 04 Hours per week |
| Requirements <br> Class conducted at <br> Building <br> Prepared by | Equipment and Utensils such as Working Table, Refrigerator, Baking oven, Dough Mixer etc. |
|  | School of Hospitality and Culinary Art |
|  | Mr. Subrata Routh |

## Course Description

This course will help our students in gaining various skills required to work in Bakery \& Confectionery. Students will learn the basics of bakery \& confectionery techniques which are actually followed in 5* hotel.
Course Outcomes (COs)/ Learning Outcomes (LOs)

## Parameters required from the students:

## Prescribed and Recommended Readings:

## Required Textbook(s)

Bakery \& Confectionery: Author Parvinder Singh Bali published by Oxford University
Professional Baking Book: Author Wayne Gisslen, Published by John Wiley \& Sons,
ON COOKING written by Sarah R. Labensky Published by Pearson Education

## Recommended Readings

Bakery \& Confectionery: Author Parvinder Singh Bali published by Oxford University

## Other Learning Resources for use:

Informative YouTube Videos, www.slideshare.net, www.hmhub.in, Various links provided by the book publishers etc.

| Foundation Course Bakery \& Confectionery 1 lab |  |  |
| :---: | :---: | :---: |
| SLNO |  | Hours |
| 1 | MENU11) Identification of various equipments, Uses and handling of equipment2) Identification | 4 |
| 2 | MENU2 <br> 1) Understanding the dough mixing methods \& fermentation technique <br> 2) Preparation of simple soft bread rolls, fancy bread rolls, Buns | 4 |
| 3 | MENU3 <br> Sandwich Bread loafs: White Bread, Brown bread, | 4 |
| 4 | MENU 4 <br> Ciabatta, Foccaia | 4 |
| 5 | MENU 5 <br> French baguette, Bread Stick, Pizza Base | 4 |
| 6 | MENU 6 <br> Puff Pastry (Vegetable Puff, Vol Au Vent) | 4 |
| 7 | MENU 7 Croissant \& Danish pastry | 4 |
| 8 | MENU 8 Choux Pastry (Profitroles \& Eclairs) | 4 |
| 9 | MENU 9 Short crust Pastry (Pie \& Tart) | 4 |
| 10 | MENU 10 <br> Muffins, Doughnut | 4 |
| 11 | MENU 11 <br> Banana Bread, Pancake | 4 |
| 12 | MENU 12 <br> Sugar Cooking stages, Dessert Sauces | 4 |
| 13 | MENU 13 <br> Various Chocolate confections | 4 |
| 14 | MENU 14 Practice | 4 |


| 15 | MENU 15 <br> Practice | 4 |
| :---: | :---: | :---: |
|  |  | Total |



|  |  |
| :--- | :--- |
| POSSIBLE SOURCES OF ERRORS \& RECTIFICATION : |  |
| POSSIBLE ERRORS |  |
| Choosing the wrong equipment | Ray attention to at their performance |
| Students not able to identify the correct ingredient | Pay attention to at their performance |



| Closing | 20 minutes | Cleaning of all equipments |
| :--- | :--- | :--- |
|  |  |  |
| POSSIBLE ERRORS |  |  |
| POSSIBLE SOURCES OF ERRORS \& RECTIFICATION : | RECTIFICATION |  |
|  |  |  |
| Poor volume | Poor leavening. Add more leavening agents or allow more resting time |  |
| Excessive volume | More leavening. Adjust the proving temperatures \& time |  |
| Dark brown colour | More sugar or high heat. Adjust the quanity of sugar \& temperature |  |
|  |  |  |



| POSSIBLE ERRORS |  |
| :--- | :--- |
| Poor volume | RECTIFICATION |
| Excessive volume leavening. Add more leavening agents or allow more resting time |  |
| Dark brown colour | More leavening. Adjust the proving temperatures \& time |
|  | More sugar or high heat. Adjust the quanity of sugar \& temperature |





| ' азт'.'5 | +1.1.1utes | dish |
| :---: | :---: | :---: |
| Closing | 20 minutes | Cleaning of all equipments |
|  |  | Closing has to be done as per SOP |
|  |  |  |
| POSSIBLE SOURCES OF ERRORS \& RECTIFICATION: |  |  |
| POSSIBLE ERRORS |  | RECTIFICATION |
| Poor volume |  | Poor leavening. Add more leavening agents or allow more resting time |
| Excessive volume |  | More leavening. Adjust the proving temperatures \& time |
| Dark brown colour |  | More sugar or high heat. Adjust the quanity of sugar \& temperature |
| Soft surface on French baguette |  | lack of salt wash. Frequently apply salt solution on baguette while baking |


| PRACTICAL MANUAL |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| B.Sc Culinary Art |  |  |  |  |  |  |
| SUBJECT: $\quad$ Foundati | Foundation Course in Bakery \& Cd | MENU NO: |  | 6 | Teacher: |  |
| TOPIC: | MENU-6 | SEMESTER: |  | 1 | HOURS: | 3 hours 45 mins |
|  | Basic Puff Pastry |  |  | Approved By: | Deputy Director |
|  |  |  |  |  |  |  |
| LEARNING OUTCOME |  |  |  |  |  |  |
| - Students are able to mix the ingrdients and prepare the dough for these 2 dishes. |  |  |  |  |  |  |
| . They are able to bake the dough and slice them in correct manner. |  |  |  |  |  |  |
| - They are able to explain the dishes |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| RESOURCES: Equipment and Utensils such as Working Table, Refrigerator, Baking oven, Dough Mixer, Baking trays, rolling pin etc. |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| REFERENCES: 1) Bakery \& Confectionery: Author Parvinder Singh Bali published by Oxford University <br> 2) Professional Baking Book: Author Wayne Gisslen, Published by John Wiley \& Sons, <br> 3) ON COOKING written by Sarah R. Labensky Published by Pearson Education |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Video Link Basic Puff Pastry <br> https://youtu.be/g-dF_j3AVTw |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| METHODOLOGY : |  |  |  |  |  |  |
| PARTICULARS | TIME |  | TASK |  |  |  |
| Hygiene \& Grooming Check up | 10 minutes |  | Students have to maintain high standard Hygiene and Grooming as per SOP |  |  |  |
| Briefing | 15 minutes |  | Instruct students about recipes, mise-en-place, cooking methodology |  |  |  |
|  |  |  | Share with them some Presentation ideas |  |  |  |
|  |  |  | Groom | oci | e and maintain in | sside Practical Lab |
| Cooking | $2 \mathrm{hr} \mathrm{30mins}$ |  | Mis-en-Place for preparing pastry (measuring ingredients, mixing dough, shaping |  |  |  |
|  |  |  | Prepa | ble | puff \& stuffing t | echniques |
|  |  |  | Bakin | lin |  |  |
| Presentation | 15 minutes |  | Present all Food items with proper Garnish |  |  |  |
| Tasting | 15 minutes |  | Tasting will be done by Teacher \& Students also to know exact character of the dish |  |  |  |
| rancina | 70 minutas |  | Cleaning of all equipments |  |  |  |


| いטدי'5 |  | Closing has to be done as per SOP |
| :---: | :---: | :---: |
| POSSIBLE SOURCES OF ERRORS \& RECTIFICATION: |  |  |
| POSSIBLE ERRORS |  | RECTIFICATION |
| Excessive flaky texture |  | Butter quantity more. Adjust the butter quantity in the recipe |
| Less flaky texture |  | Butter quantity less. Adjust the butter quantity in the recipe |
| Puff did not rise up well |  | Fold \& roll the pastry as per the recipe |



|  | د | dish |
| :---: | :---: | :---: |
| Closing | 20 minutes | Cleaning of all equipments |
|  |  | Closing has to be done as per SOP |
|  |  |  |
| POSSIBLE SOURCES OF ERRORS \& RECTIFICATION: |  |  |
| POSSIBLE ERRORS |  | RECTIFICATION |
| Excessive flaky texture |  | Butter quantity more. Adjust the butter quantity in the recipe |
| Less flaky texture |  | Butter quantity less. Adjust the butter quantity in the recipe |
| Puff did not rise up well |  | Fold \& roll the pastry as per the recipe |
|  |  |  |





| POSSIBLE SOURCES OF ERRORS \& RECTIFICATION :  <br> POSSIBLE ERRORS  <br> Too tough Excessive gluten formation. Knead the dough for very short time. <br> Too tough Water at room temperature was used. Use ice chilled water <br> Less tender Strong flour was used. Use soft flot flour <br>   |  |
| :--- | :--- |



|  |  | Closing has to be done as per SOP |
| :---: | :---: | :---: |
| POSSIBLE SOURCES OF ERRORS \& RECTIFICATION : |  |  |
| POSSIBLE ERRORS |  | RECTIFICATION |
| Excessive tender |  | More sugar added. Adjust the sugar quantity in the recipe |
| Excessive volume |  | More meringue quantity |
| Poor volume |  | Low baking temperature |
| Sponge too tough |  | Merringue collapsed. Use merrignue as quickly as possible. |



| POSSIBLE ERRORS |  |
| :--- | :--- |
| Banana became brown | Cover them with lemon juice |
| Banana bread is hard | Ajust the moisture quantity |
| Pancake is very heavy | Reduce the flour qauntity |
|  |  |



| [ asw'.'5 |  | dish |
| :---: | :---: | :---: |
| Closing | 20 minutes | Cleaning of all equipments |
|  |  | Closing has to be done as per SOP |
|  |  |  |
| POSSIBLE SOURCES OF ERRORS \& RECTIFICATION: |  |  |
| POSSIBLE ERRORS |  | RECTIFICATION |
| Dessert sauces are insipid |  | Reheat the sauces, adjust the moisture level, add more flavourings |
| Sugar stages are not uniform |  | Throw them. Re cook sugar |
|  |  |  |
|  |  |  |



| POSSIBLE ERRORS |  |
| :--- | :--- |
| Chocolate shapes are uneven | Tempering was not done in correct manner |
| Chocolates are burnt | Too high heat is applied.Throw the chocolate, temper the chocolate in correct |
|  | temperature |
|  |  |

