



Celebration of International Yoga Day

21st June, 2023

Organized by

HEALTH CLUB &

SPORTS CLUB

THE NEOTIA UNIVERSITY

In association with

HEARTFULLNESS, KOLKTA

VENUE: SB-III, SEMINAR HALL, THE NEOTIA UNIVERSITY

PROGRAMME SCHEDULE

TIME	ACTIVITY
11:00 a.m. – 11:05 a.m.	Lighting of The Lamp
11.05 a.m. – 11:10 a.m.	Felicitation Programme
11.10 a.m. – 11:15 am.	Inaugural Address by Prof. Biswajit Ghosh , Hon'ble Vice Chancellor, The Neotia University
11:15 a.m.-12:45 p.m.	Training on Yoga and Meditation